

UPDATED 2022

CATALOG CURRENT 2021-2022

DEPT	NUM	COURSE TITLE	DISCIPLINE 1	DISCIPLINE 2	DISCIPLINE 3	CROSS LISTING	INTERDISCIPLIN	FSA
KNES	1A	NOVICE SWIMMING	PHYSICAL ED					PHYSICAL ED
KNES	1B	BEGINNING SWIMMING	PHYSICAL ED					PHYSICAL ED
KNES	1C/CX	INTERMEDIATE SWIMMING	PHYSICAL ED					PHYSICAL ED
KNES	1D/DX	ADVANCED SWIMMING	PHYSICAL ED					PHYSICAL ED
KNES	2A/AX	AEROBIC SWIMMING	PHYSICAL ED					PHYSICAL ED
KNES	2B/BX	DEEP WATER RUNNING	PHYSICAL ED					PHYSICAL ED
KNES	5A/AX	INDOOR CYCLING	PHYSICAL ED					PHYSICAL ED
KNES	5B/BX	HIGH INTENSITY INDOOR CYCLING	PHYSICAL ED					PHYSICAL ED
KNES	6A/AX	AEROBIC POWER WALKING	PHYSICAL ED					PHYSICAL ED
KNES	7A/AX	STEP AEROBICS	PHYSICAL ED					PHYSICAL ED
KNES	9A/AX	INTERACTIVE CARDIO FITNESS AND ACTIVITY TRACKING 1	PHYSICAL ED					PHYSICAL ED
KNES	9B/B	INTERACTIVE CARDIO FITNESS AND ACTIVITY TRACKING 2	PHYSICAL ED					PHYSICAL ED
KNES	11A/AX	CARDIO KICK	PHYSICAL ED					PHYSICAL ED
KNES	11B/BX	CARDIO KICK 2	PHYSICAL ED					PHYSICAL ED
KNES	12D/DX	BEGINNING KARATE	PHYSICAL ED					PHYSICAL ED
KNES	12E/EX	INTERMEDIATE KARATE	PHYSICAL ED					PHYSICAL ED
KNES	12G	SELF-DEFENSE	PHYSICAL ED					PHYSICAL ED
KNES	12H/HX	TAI CHI	PHYSICAL ED					PHYSICAL ED
KNES	12J/JX	INTERMEDIATE TAI CHI	PHYSICAL ED					PHYSICAL ED
KNES	15A/AX/AY	CROSS TRAINING	PHYSICAL ED					PHYSICAL ED
KNES	15/CX	TOTAL FITNESS	PHYSICAL ED					PHYSICAL ED
KNES	15E/EX/EY	CARDIOVASCULAR & STRENGTH TRAINING PROGRAMS	PHYSICAL ED					PHYSICAL ED
KNES	15F/FX	HIGH INTENSITY INTERVAL TRAINING	PHYSICAL ED					PHYSICAL ED
KNES	16A/AX/AY	FIT CAMP	PHYSICAL ED					PHYSICAL ED
KNES	19A/AX	STRENGTH DEVELOPMENT	PHYSICAL ED					PHYSICAL ED
KNES	91B/BX	STRENGTH DEVELOPMENT 2	PHYSICAL ED					PHYSICAL ED
KNES	19D/DX	RESISTANCE TRAINING 1	PHYSICAL EDUCATION					PHYSICAL EDUCATION
KNES	19E/EX	BODY SCULPTING	PHYSICAL ED					PHYSICAL ED
KNES	19G/GX	CORE CONDITIONING	PHYSICAL ED					PHYSICAL ED
KNES	20A/AX	CIRCUIT TRAINING 1	PHYSICAL ED					PHYSICAL ED
KNES	22A/AX	HATHA YOGA	PHYSICAL ED					PHYSICAL ED
KNES	22B/BX	YOGA FOR RELAXATION	PHYSICAL ED					PHYSICAL ED
KNES	22C/CX	POWER YOGA	PHYSICAL EDUCATION					PHYSICAL EDUCATION
KNES	22D/DX	FLOW YOGA	PHYSICAL EDUCATION					PHYSICAL EDUCATION
KNES	22E/EX	YOGA/ PILATES COMBINATION	PHYSICAL EDUCATION					PHYSICAL EDUCATION
KNES	25A/AX	STRETCHING	PHYSICAL ED					PHYSICAL ED
KNES	25B/BX	ACTIVE ISOLATED STRETCHING	PHYSICAL ED					PHYSICAL ED
KNES	26A/AX	BASIC PILATES MAT EXERCISE	PHYSICAL ED					PHYSICAL ED
KNES	26B/BX	INTEGRATED PILATES MAT EXERCISE	PHYSICAL ED					PHYSICAL ED
KNES	29A	FENCING LEVEL I	PHYSICAL ED					PHYSICAL ED
KNES	29B	FENCING LEVEL II	PHYSICAL ED					PHYSICAL ED
KNES	30A	BEGINNING GOLF	PHYSICAL ED					PHYSICAL ED
KNES	30B/BX	ADVANCED BEGINNING GOLF	PHYSICAL ED					PHYSICAL ED
KNES	30C	INTERMEDIATE GOLF	PHYSICAL ED					PHYSICAL ED
KNES	31A/AX	BEGINNING BADMINTON	PHYSICAL ED					PHYSICAL ED
KNES	31B/BX	INTERMEDIATE BADMINTON	PHYSICAL ED					PHYSICAL ED
KNES	31C/CX	ADVANCED BADMINTON	PHYSICAL ED					PHYSICAL ED
KNES	31J/JX	PICKLEBALL I	PHYSICAL ED					PHYSICAL ED
KNES	31K/KX	PICKLEBALL II	PHYSICAL ED					PHYSICAL ED
KNES	31L/LX	PICKLEBALL III	PHYSICAL ED					PHYSICAL ED
KNES	31M/MX	PICKLEBALL IV	PHYSICAL ED					PHYSICAL ED

KNES	32A/AX	BEGINNING TENNIS	PHYSICAL ED					PHYSICAL ED
KNES	32B/BX	ADVANCED BEGINNING TENNIS	PHYSICAL ED					PHYSICAL ED
KNES	32C/CX	INTERMEDIATE TENNIS	PHYSICAL ED					PHYSICAL ED
KNES	32D/DX	ADVANCED TENNIS	PHYSICAL ED					PHYSICAL ED
KNES	32E/EX	BEGINNING TABLE TENNIS	PHYSICAL ED					
KNES	32F/FXX	INTERMEDIATE TABLE TENNIS	PHYSICAL ED					
KNES	36A/AX	TEAM SPORT - BASKETBALL	PHYSICAL ED					PHYSICAL ED
KNES	37A/AX	SOCCER	PHYSICAL ED					PHYSICAL ED
KNES	37B/BX	SOCCER LEVEL 2	PHYSICAL ED					PHYSICAL ED
KNES	37C/CX	SOCCER LEVEL 3	PHYSICAL ED					PHYSICAL ED
KNES	37D/DX	SOCCER LEVEL 4	PHYSICAL ED					PHYSICAL ED
KNES	37E	INDOOR SOCCER	PHYSICAL ED					PHYSICAL ED
KNES	38A/AX	FUTSAL: LEVEL 1	PHYSICAL EDUCATION					PHYSICAL ED
KNES	38B/BX	FUTSAL: LEVEL 2	PHYSICAL EDUCATION					PHYSICAL ED
KNES	38C/CX	FUTSAL: LEVEL 3	PHYSICAL EDUCATION					PHYSICAL ED
KNES	38D/DX	FUTSAL: LEVEL 4	PHYSICAL EDUCATION					PHYSICAL ED
KNES	39A/AX	VOLLEYBALL LEVEL 1	PHYSICAL ED					PHYSICAL ED
KNES	39B/BX	VOLLEYBALL LEVEL 2	PHYSICAL ED					PHYSICAL ED
KNES	39C/CX	VOLLEYBALL LEVEL 3	PHYSICAL ED					PHYSICAL ED
KNES	39D/DX	VOLLEYBALL LEVEL 4	PHYSICAL ED					PHYSICAL ED
KNES	40A/AX	FLAG FOOTBALL 1	PHYSICAL ED					PHYSICAL ED
KNES	40B/BX	FLAG FOOTBALL 2	PHYSICAL ED					PHYSICAL ED
KNES	40C/CX	FLAG FOOTBALL 3	PHYSICAL ED					PHYSICAL ED
KNES	41A/AXX	ULTIMATE FRISBEE 1	PHYSICAL ED					PHYSICAL ED
KNES	41B/BX	ULTIMATE FRISBEE 2	PHYSICAL ED					PHYSICAL ED
KNES	41C/CX	ULTIMATE FRISBEE 3	PHYSICAL ED					PHYSICAL ED
KNES	42A/AX	MOTOR SKILLS ASSESSMENT/ DEVELOPMENT	PHYSICAL ED					PHYSICAL ED
KNES	42B/BX	MOTOR DEVELOPMENT TRAINING METHODOLOGIES	PHYSICAL ED					PHYSICAL ED
KNES	42C/CX	HIGH INTENSITY MOTOR TRAINING	PHYSICAL ED					PHYSICAL ED
KNES	45	INTRO TO KINESIOLOGY	PHYSICAL ED					PHYS ED TH
KNES	46	CARE AND PREVENTION OF ATHLETIC INJURIES	PHYSICAL ED					PHYS ED TH
KNES	47	INTRODUCTION TO WOMEN IN SPORTS	PHYSICAL ED					PHYSICAL ED
KNES	48	INTRODUCTION TO COACHING	PHYSICAL ED					PHYSICAL ED
KNES	50A	ORIENTATION TO LIFETIME FITNESS	PHYSICAL ED					PHYS ED TH
KNES	50AL	LIFETIME WELLNESS AND FITNESS CENTER LABORATORY	PHYSICAL ED					PHYSICAL ED
KNES	51A	EXERCISE AND WEIGHT MANAGEMENT	PHYSICAL EDUCATION					PHYSICAL ED
KNES	51AL	EXERCISE AND WEIGHT MANAGEMENT LABORATORY	PHYSICAL EDUCATION					PHYSICAL ED
KNES	52	PHYSICAL STRESS MANAGEMENT	PHYSICAL ED	ATHL.TRAINING	PHYS THER. ASST		H CARE ANC	PHYS ED TH
KNES	53	HEALTH AND FITNESS	PHYSICAL ED	HEALTH		HEALTH 51	P. ED /HEALTH	PE TH/HLTH ED
KNES	54	INTRODUCTION TO SPORT IN SOCIETY	PHYSICAL EDUCATION					PHYSICAL ED
KNES	55	INTRODUCTION EXERCISE SCIENCE	PHYSICAL ED					PHYSICAL ED
KNES	77/X/Y	SPECIAL PROJECTS IN PHYSICAL EDUCATION	PHYSICAL ED					PHYSICAL ED
KNES	90	SPORT MEDICINE	KINESIOLOGY					PHYSICAL ED
KNES	90AX	MANUAL THERAPY INTERNSHIP-SPORT MEDICINE LEVEL I	KINESIOLOGY					PHYSICAL ED
KNES	90BX	MANUAL THERAPY INTERNSHIP-SPORT MEDICINE LEVEL II	KINESIOLOGY					PHYSICAL ED
KNES	90CX	MANUAL THERAPY INTERNSHIP-SPORT MEDICINE LEVEL II	KINESIOLOGY					PHYSICAL ED
KNES	91	INTRODUCTION OT MANUAL THERAPY-DISABILITIES	KINESIOLOGY					PHYSICAL ED
KNES	91AX	MANUAL THERAPY INTERNSHIP-DISABILITIES LEVEL I	KINESIOLOGY					PHYSICAL ED
KNES	91BX	MANUAL THERAPY INTERNSHIP-DISABILITIES LEVEL II	KINESIOLOGY					PHYSICAL ED
KNES	91CX	MANUAL THERAPY INTERNSHIP-DISABILITIES LEVEL III	KINESIOLOGY					PHYSICAL ED

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DEPT	NUM	COURSE TITLE	DISCIPLINE 1	DISCIPLINE 2	DISCIPLINE 3	CROSS LIST	INTERDISCIP	FSA
P E	4XX	HIGH INTENSITY STRENGTH DEVEL FOR ATHLETES	PHYSICAL ED	COACHING				PHYSICAL ED
P E	32B	WOMEN'S BADMINTON TECHNIQUES	PHYSICAL ED	COACHING				PHYSICAL ED
P E	32BX	WOMEN'S BADMINTON TECHNIQUES	PHYSICAL ED	COACHING				PHYSICAL ED
P E	32F	DEFENSIVE BASEBALL TECHNIQUES	PHYSICAL ED	COACHING				BASEBALL
P E	32G	OFFENSIVE BASEBALL TECHNIQUES	PHYSICAL ED	COACHING				BASEBALL
P E	32H/HX	OFFENSIVE FOOTBALL TECHNIQUES	PHYSICAL ED	COACHING				FOOTBALL
P E	32I/IX	DEFENSIVE FOOTBALL TECHNIQUES	PHYSICAL ED	COACHING				FOOTBALL
P E	32J/JX	WATER POLO TECHNIQUES	PHYSICAL ED	COACHING				WATER POLO
P E	32K	BASKETBALL TECHNIQUES	PHYSICAL ED	COACHING				BASKETBALL
P E	32L/LX	VOLLEYBALL TECHNIQUES	PHYSICAL ED	COACHING				VOLLEYBALL
P E	32M/MX	SOCCER TECHNIQUES	PHYSICAL ED	COACHING				SOCCER
P E	32N	TRACK AND FIELD TECHNIQUES	PHYSICAL ED	COACHING				TRACK & FIELD
P E	32P	TECHNIQUES OF COMPETITIVE SWIMMING	PHYSICAL ED	COACHING				SWIMMING
P E	32S/SX	WOMEN'S SOCCER TECHNIQUES	PHYSICAL ED	COACHING				SOCCER
PE	32T	TENNIS TECHNIQUES	PHYSICAL ED	COACHING				TENNIS
PE	32W	SOFTBALL TECHNIQUES	PHYSICAL ED	COACHING				SOFTBALL
P E	38W,WX,WY	INTERCOLLEGIATE WOMEN'S BADMINTON	PHYSICAL ED	COACHING				BADMINTON Phys Ed.
P E	39M,MX,MY	INTERCOLLEGIATE MEN'S SOCCER	PHYSICAL ED	COACHING				SOCCER
P E	39W,WX,WY	INTERCOLLEGIATE WOMEN'S SOCCER	PHYSICAL ED	COACHING				SOCCER
P E	40,X,Y	INTERCOLLEGIATE FOOTBALL	PHYSICAL ED	COACHING				FOOTBALL
P E	41,X,Y	INTERCOLLEGIATE WATER POLO	PHYSICAL ED	COACHING				WATERPOLO
P E	42W,WX,WY	INTERCOLLEGIATE WOMEN'S VOLLEYBALL	PHYSICAL ED	COACHING				VOLLEYBALL
P E	43,X,Y	INTERCOLLEGIATE CROSS COUNTRY (MEN AND WOMEN)	PHYSICAL ED	COACHING				CROSS COUNTRY
P E	44M,MX,MY	INTERCOLLEGIATE MEN'S BASKETBALL	PHYSICAL ED	COACHING				BASKETBALL
P E	44W,WX,WY	INTERCOLLEGIATE WOMEN'S BASKETBALL	PHYSICAL ED	COACHING				BASKETBALL
P E	45,X,Y	INTERCOLLEGIATE SWIMMING AND DIVING (MEN AND WOMEN)	PHYSICAL ED	COACHING				SWIMMING
P E	46,X,Y	INTERCOLLEGIATE TRACK AND FIELD (MEN AND WOMEN)	PHYSICAL ED	COACHING				TRACK/FIELD
P E	47M,MX,MY	INTERCOLLEGIATE BASEBALL	PHYSICAL ED	COACHING				BASEBALL
P E	47W,WX,WY	INTERCOLLEGIATE SOFTBALL	PHYSICAL ED	COACHING				SOFTBALL
P E	48M,MX,MY	INTERCOLLEGIATE MEN'S TENNIS	PHYSICAL ED	COACHING				TENNIS
P E	48W,WX,WY	INTERCOLLEGIATE WOMEN'S TENNIS	PHYSICAL ED	COACHING				TENNIS