

5 Units - *Two Days Per Week*

- Mon + Wed or Tue + Thur
- 135 minutes
- Start time - 8:30 a.m.
- One 10-minute break

	Mon	Tue	Wed	Thur
8:30–10:45 a.m.				
11 a.m.–1:15 p.m.				
1:30–3:45 p.m.				
4–6:15 p.m.				
6:30–8:45 p.m.				

5 Units - *Four Days Per Week*

- Mon–Thur
- 50 minutes synchronous + 50 minutes asynchronous
- Start time - 9 a.m.
- No break

	Mon	Tue	Wed	Thur
9–9:50 a.m.				
10–10:50 a.m.				
11–11:50 a.m.				
Noon–12:50 p.m.				

4 Units - *Two Days Per Week*

- Mon + Wed or Tue + Thur
- 110 minutes
- Start time - 9 a.m.
- One 10-minute break

	Mon	Tue	Wed	Thur
9–10:50 a.m.				
11 a.m.– 12:50 p.m.				
2–3:50 p.m.				
4–5:50 p.m.				
6:30–8:20 p.m.				

5 Units - *Four Days Per Week*

- Mon–Thur
- 65 minutes
- Start time - 8 a.m.
- No break

	Mon	Tue	Wed	Thur
8–9:05 a.m.				
9:15–10:20 a.m.				
11 a.m.– 12:05 p.m.				
12:15–1:20 p.m.				

Arts - *Two Days Per Week*

- Mon + Wed or Tue + Thur
 - 150 minutes
- Start time - 8 a.m.
 - Scheduled breaks

	Mon	Tue	Wed	Thur
8–9:15 a.m.	Lecture or Lab	Lecture or Lab	Lecture or Lab	Lecture or Lab
9:15–9:30 a.m.	Break	Break	Break	Break
9:30–10:45 a.m.	Lecture or Lab	Lecture or Lab	Lecture or Lab	Lecture or Lab
11 a.m.–12:15 p.m.	Lecture or Lab	Lecture or Lab	Lecture or Lab	Lecture or Lab
12:15–12:30 p.m.	Break	Break	Break	Break
12:30–1:45 p.m.	Lecture or Lab	Lecture or Lab	Lecture or Lab	Lecture or Lab
2–3:15 p.m.	Lecture or Lab	Lecture or Lab	Lecture or Lab	Lecture or Lab
3:15–3:30 p.m.	Break	Break	Break	Break
3:30–4:45 p.m.	Lecture or Lab	Lecture or Lab	Lecture or Lab	Lecture or Lab
6:30–7:45 p.m.	Lecture or Lab	Lecture or Lab	Lecture or Lab	Lecture or Lab
7:45–8 p.m.	Break	Break	Break	Break
8–9:15 p.m.	Lecture or Lab	Lecture or Lab	Lecture or Lab	Lecture or Lab



Physical Education - *Two Days Per Week*

- Mon + Wed or Tue + Thur
 - 75 minutes
- Start time - 8 a.m.
 - No break

	Mon	Tue	Wed	Thur
8–9:15 a.m.				
9:30–10:45 a.m.				
11 a.m.– 12:15 p.m.				
12:30–1:45 p.m.				
2–3:15 p.m.				
3:30–4:45 p.m.				
6:30–7:45 p.m.				
8–9:15 p.m.				



Labs

- Mon–Thur
 - 170 minutes
- Start time - 8 a.m.
 - Two 10-minute breaks

	Mon	Tue	Wed	Thur
8–10:50 a.m.				
11 a.m.– 1:50 p.m.				
2–5:20 p.m. Flex				
6:30–9:20 p.m.				



Friday–Sunday

- Friday, Saturday, Sunday
 - Up to 295 minutes
- Start time - 7:30 a.m.
 - Variable breaks

	Fri	Sat	Sun
7:30 a.m.– 12:20 p.m.			
12:30–5:50 p.m.			
6–10:30 p.m.			



1. Courses are scheduled within defined time blocks

All in-person courses and the synchronous portions of hybrid and online courses are scheduled within the established time blocks.

Courses should not cross block boundaries. Maintaining this structure is necessary to preserve schedule predictability, reduce conflicts and support effective use of instructional space.

2. Limited edge-of-day flexibility is permitted

To support instructional and programmatic needs, limited flexibility is permitted at the beginning and end of the instructional day.

Courses may start earlier within the first block of the day or end later within the final block of the day. This flexibility is intended to accommodate specific instructional formats and operational needs.

This provision is particularly relevant for areas such as Athletics, Adapted Physical Education and certain career education programs.

These adjustments must remain within the first or last instructional blocks and should not be used to create inconsistencies during the middle of the day.

3. Laboratory courses operate within dedicated lab blocks

Laboratory courses are scheduled within four designated lab blocks per day — consistent with current practice in laboratory-based disciplines — preserving instructional capacity and supporting setup, staffing and sequencing requirements.

4. Departments may structure departmental course rules within block parameters

Departments retain flexibility to structure courses within the established block framework.

This includes the ability to end courses earlier within a block, coordinate schedules across programs and create time for department meetings or other activities.

All such adjustments must remain within block boundaries.

5. Exceptions must be purposeful and coordinated

Certain instructional areas may require exceptions to the standard block structure, including clinical programs, off-site instruction, cohort-based models and other specialized formats.

Programs such as Nursing and Adapted Physical Education represent examples of areas where exceptions may be appropriate based on instructional and operational requirements.

Exceptions should be limited, intentional and coordinated to avoid introducing new scheduling conflicts. They should not undermine the overall structure of the model.

6. Flex lab block

The third lab block is an extended block to allow for labs with extensive preparation time to set up.

This does not increase instructional time; it allows for a slightly later start for some labs.